**Health & Safety Talk**

**Drugs and Alcohol**

Drugs and alcohol have no place in the workplace. They are dangerous for not only yourself but for those around you.

Drugs are not only restricted to recreational drugs. Some types of **prescription and over the counter drugs** can severely impair your ability to work safely.

Using medication that has been prescribed by a health practitioner does not mean that it is safe to continue with your usual duties during this time. If you are unsure about your safety and the safety of others at work whilst taking some types of medication, consult your health practitioner and advise your supervisor.

**What are the risks?**

Hallucination Spatial perception Estimation of speed

Reaction time Eye/motor co-ordination Judgement and concentration

**What should be done?**

* Don’t take illegal drugs.
* Never report to work under the influence of drugs or alcohol.
* Do not operate machinery when under the influence.
* If prescribed or over the counter medication has been consumed, know the side effects and inform your supervisor.

|  |  |
| --- | --- |
| **Consultation** |  |

**Date of Meeting:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Attendees** (list attendees present)

|  |
| --- |
|  |

**Items Discussed**

|  |
| --- |
|  |

**Action Items**

|  |
| --- |
|  |

**Management Sign Off**

**Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Sign:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_